

Free Reproductive and General Health Checkup Camp



HDCS-Lamjung District Community Hospital
Dhamili kuwa, Lamjung, Nepal
31 March, 2017

Introduction

On 31 March 2017, Maternal and Child Health Promotion (MCHP) project and Lamjung District Hospital (LDCH) organized a one day free reproductive and general health camp at Dhamili *kuwa*, a village municipality of Lamjung district.

People from Dhamili *kuwa* lack access to quality health service and are burdened with low financial health, difficult geographical territory, lack of proper transportation facilities and lack of education. Receiving the needed treatment for the cure of illness is a distant dream for the community people. So, a one day free reproductive and general health camp was conducted by LDCH in order to offer general check-ups and referral to the hospital for further treatments.

The Camp Report

Various health issues like eye pain, dental infection, malnutrition, Pelvic Inflammatory Disease (PID), uterus prolapsed, chest infection, gastritis and other cases of injuries were detected as well as treated. Other treatments included clinical diagnosis, ante-natal check up, teeth extraction, wound I/D and dressing.

There was an active participation from local leaders, local clubs, local teacher, local mothers groups, Female Community Health Volunteer (FCHV) and Health facilities health workers.

A total of 260 cases were treated; 202 female and 58 male. The camp was especially beneficial for the children, pregnant women, women in general, the elderly and poor of the village and its surrounding periphery villages.

1. Number of patients treated:

- Male: 58
- Female: 202
- Total: 260

2. Number of patients treated according to disease:

- Dental: 50
- PID: 40
- Uterine prolapsed: 2 (second degree prolapsed)
- Put Ring pasery: 2
- Lab: 38



Patients waiting in line

Other villagers received free general checkup.

3. Treatment methods used:

- Screening of medical cases, clinically diagnosed & free medicines given and referred to the hospital;
- Ante-natal check-up;
- Dressing of wounds;
- Dental Checkup;
- Counseling for patients.

4. Reasons behind people not coming to hospitals:

- Poverty: people not being able to pay expenses of travel, food and hospital expenses;
- Superstitious belief;
- Illiteracy;
- Lack of proper transportation facilities.

5. Expenses of camp:

Maternal and Child Health Promotion Project provided support for food and transportation while LDCH delivered medicine, doctors and other support staffs.

6. Team Members:

- 11 members including two doctors from LDCH
- Two social mobilizers and a program officer from MCHPP
- Others (local facilities health workers from local clubs, local teachers and FCHVs)



A dental check up performed at the camp



Setting up of the medicine department

Acknowledgement

The hospital was able to complete its final camp according to the fiscal year plan. LDCH was successful in conducting all free medical camps as planned.

We at LDCH share our glory to our Lord Jesus Christ for the success of the camps. The vision of the camps would not have been achievable without God's protection and the dedicated staff at LDCH. We are also grateful for the involvement of the members, leaders and groups in the community. We give thanks to all our partners and supporters. We also thank the government for the coordination of these camps through the District Public Health Office (DPHO) in Lamjung.



An elderly woman consults the doctor



A woman looks on as she waits for her turn

The camps have become an outreach for many who cannot afford to come to the hospital for checkup or treatment because of poverty, unawareness, and limited road access. This is also an opportunity for the hospital to better understand the needs of those who lack health benefits. Similarly, the team is also able to build better relations with the villagers and encourage them to visit the hospital.

LDCH is all set to plan its new targets and looks forward to carry out such free medical camps. The new camps will begin from this coming fiscal year of 2017/18.